HOW TO TIE YOUR SHOELACES TEXT

Cross the right lace over the left lace halfway up the laces.

Take the end of the right lace and put it over the left lace. Now poke it underneath the left lace.

Hold on to the ends of the laces and pull tight. The cross should now be close to the shoe.

Take the right lace and make a small loop, or 'bunny ear'. This bunny ear should have a long tail.

Take the left lace and make a small loop, or 'bunny ear'. This bunny ear should also have a long tail.

Cross the middle of the right bunny ear over the middle of the left bunny ear.

Take the top of the left bunny ear and put it over the right bunny ear. Now poke it through the hole.

Put your fingers inside the ends of the bunny ears, then hold on and pull tight. You've now tied the loops in a knot. The shoelaces are tied.